

LEISURE ATTITUDE AMONG PREPARATORY YEAR OF UNDERGRADUATE STUDENTS IN EAST SAUDI ARABIA

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Abstract

The purpose of the study is to identify the level of leisure attitude among university students at the University of Dammam, Saudi Arabia. The study utilizes a quantitative method. Preparatory year students are chosen as a research sample where 209 students using random sampling and questionnaire survey was employed for data collection. Based on the findings, the entire study variable, which is leisure attitude, was revealed to have average level. In addition, the findings revealed no differences were found between males and females students on the level of leisure attitude. The study recommends that university management needs to plan and develop programs in an attempt to facilitate students' positive attitude towards the university.

Keywords: Leisure Attitude, Preparatory Year, Undergraduate Students