

RESEARCH ON STRATEGIES FOR MOTIVATING COLLEGE STUDENTS

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Abstract

Motivation as it is defined in dictionary.com is the “internal and external factors that stimulate desire and energy in people to be continually interested and committed to a job, role or subject, or to make an effort to attain a goal.” Students may come to class with some intrinsic motivation, but the teacher’s behavior, attitude, and communication with his/her students are powerful factors that can increase students’ motivation. Many teachers claim that motivating students is the most difficult factor teachers face in the classroom. While this may be true, the good news is that there are so many things teachers can do to help increase students’ enthusiasm about learning. In this paper, I am going to discuss some strategies that teachers can use to help improve students’ motivations, based on my teaching experience.

Keywords: Motivation, Teaching Methodologies, College Students