IMPLEMENTING FULL DAY SCHOOL IN INDONESIA: “ANALYSING IMPACTS ON STUDENT, TEACHER, AND SCHOOL STAKEHOLDERS”

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Abstract
This paper aimed to investigate the impact of implementing full day school in Indonesia which is the newest education policy from government especially the ministry of education in Indonesia, government needs to pay attention fully to their view about this new policy on the ground that avoid misinterpretation to the student, teacher, and school stakeholder because it still has positive view and negative view from society. That is why, before applying this new policy, it is better to deepen impact to those who will conduct this. Then, this paper used a descriptive qualitative research as the method in order to gain direct explanation about the impact of that policy from its scope. Technique of collecting data is In-Depth interview and Forum Group Interview with students, teachers, and school stakeholders. Random sampling technique is chosen as the samples whether they are in elementary school, junior, and senior high school (students, teachers, and school stakeholders). The number of interviewee is 25, consists of 6 school stakeholders, 10 students, and 9 teachers from different level. There are four steps to analyse the data, those are transcribing, reducing, displaying, and drawing conclusion. The findings show that the impact of implementing full day school on students classified into four categories; social impact, physical impact, psychological impact, and cognitive impact. Impacts on teachers are classified into two categories; personal impact and professionalism impact, then Impacts on school stakeholders.

Keywords: Implementing, full day school, impact.

1 INTRODUCTION
Education is one of important aspects in constructing a nation, if education in a nation has many problems, it will make the nation need much time to be an advance country, including Indonesia. The problems of education in Indonesia are complex. Therefore, to increase education quality, government initiated the newest program to be applied in Indonesia that is implementing full day school. That initiation will become school program, school will decide what types of full day school which is appropriate to the students' need and interest such as giving additional time for specific subject, giving some extracurricular, and giving additional time to religion knowledge. In giving new policy-full day school that have to be applied, the following is several reasons of government.

Moral degradation and crisis among the youth at this time. Based on the fact shows that students involved in
gang fight and gang up on. In one year, there are 13 Jakarta students are died because of gang fight. On September 2012, there were 2 gang fights that cause death to the two students. In yogyakarta, on 2011 noted there was a gang up on that cause death to one student because of a prick (www.polri.go.id). Also, based on National drugs institution on 2006 noted that there are 5 or six from 100 students are using drugs (www.kompas.com/read/xml/2008/02/13/20463659). On 2010, the number of students is increased become 19%, the data showed that there are about 14,000 teenagers become drugs consumer (www.muda.kompasiana.com), (Unayah, et.al. 2015). As a result, those cases makes government worry to the next generation which has much time out of the school. That is why, having full day school will be able to decrease those crimes by staying longer at school until afternoon.

Prevent doing unproductive or dangerous activities while their parents are working. Full day school will bring a great benefit for parents who are working until afternoon, they cannot control their children at home, they will not know what children do and with whom children talk to (Ellington, 2011). Although parents provide a servant that will take carefully by the servant, for instance, children watch violence news on television, pornography video, gang fight sinetron, and so forth. If it is not coped with additional time at school, it implicates on less control of parents after school that cause students to be unproductive.

Full day school comes as one of the best solution to overcome those problems, improve education quality in Indonesia, and develop students’ character. Hopefully, by this program government expects to be able to improve education quality through tightening considerable cooperation or relation between teachers and government, teachers and students, teachers and parents, and teachers and school stakeholders. However, before implementing full day school, it is better for government to pay attention fully to the society’s view and rethinking impact to those who will conduct this on the ground that avoid misinterpretation to all elements (the student, teacher, and school stakeholder) because it still has positive response and negative response from them.

Improving school quality in Indonesia is the main purpose of implementing full day school. Students in school with longer time will have better academic achievements (Berthelon, 2016). A research had been conducted by Mustofa shows that implementing full day school is able to improve students’ achievement at Man Rengel East Java. It indicates that some of the students who involved in full day school have higher score after joining this, it was said by some informant (Mustofa, 2004)

2. METHODOLOGY

Descriptive qualitative methodology is used to analyse the data. In-depth interview and forum group interview become a method to gain the data. According to Creshwell (2007) the purpose of interviewing people is to find out what is on their minds and what they think or how they feel about something. Forum group interview is the interviewee gather in one group to be asked the same question by the interviewer. After conducting in-depth interviews and analyzing the data through some stages some findings were found from the interview related to impacts on students, teachers and school stakeholders by implementing Full day school in Indonesia. This research was conducted for seven days at different places from 20th – 26th of August 2017. The first day was on Sunday. The interviewees of this research were 25 consisting of 10 students, 9 teachers, and 6 school stakeholders. There are some stages followed in data analysis in this research namely transcribing data, reducing data, displaying data and drawing conclusions.

3. RESULT

Based on the interview, there were some points found related to impacts on students, teachers, and school stakeholders by implementing full day school in Indonesia. They can be classified into categories related to the impacts on students; social impact, physical impact, psychology impact, and cognitive impact. Impacts on teachers can be classified into personal impact and professionalism impact and Impacts on school stakeholders.
3.1 Impacts on students

3.1.1 Social impact

Social environment is able to influence behaviour, growth, and development. Even social environment do not have responsibility to make children become adolescent but it has essential position on learner development (Beni, 2015). The folloeings are the social impacts:

- Isolating students from environment

Teachers believes that environment is one of the best factors influenced students in increasing social skill, environment will teach them how to respect others, how to live the life, how to be a responsible person. In short, environment will lead students to have considerable emotional capability, as stated:

"Children will be isolated from environment, they will not feel the happiness of being children in enjoying their life, how poor students now, as if school as their second home"

Full day school not only isolate students from surroundings but also from the main environment in life, that is family which has big position in students’ development whether their academic or social perspective. Especially for parents working, they meet their children only at night, but in that time their children likely have to completion their homework or take rest to prepare tomorrow learning process, as a teacher stated:

"Parents is like do not have role in educating their children, seems like parents feel free to leave their children at school in all day"

Building Indonesian characteristic can be achieved by conducting a considerable cooperation between all elements in order to form perfect human being. One of the factors that can form children characteristic is parents. Parents can foster or inhibit cognitive development and by extension academic achievement (bempechet, J. 1992). Based on James Coleman study showed a stronger correlation between achievement and family background and environment than between achievement and quality of the school.

The fact shows that, stay longer at school will cause them to have little time to explore their interest with their peer at the nearest environment, that is home peers, that will lead them to learn much about social life around them, as one student experience:

"I have limit time to play with my friend at home, but i feel happy at school with many friends"

Even negative aspects of the full day school appear to the students at home environment, there is another positive aspects that can be gained, that is, relation to the peers at school will lead students to have more fun in spending time at school, become more opened to their friends to express their feeling, as stated:

"Since i follow full day school, i know deeper about my friends, we talk much about anything as like family, hobby, like and dislike, and so on"

Teacher also worries if students cannot explore their likeness in other fields, as described:

"As if students are restricted to have interest in other things, for instance when students want to learn music but school do not have the facility, how can they explore their interest out of the school"

Finally, negative and positive aspects appear in implementing full day school, government should not force school to take family’s function, environment’s role in children’s development, because the norm that has been taught between school and environment might be distinctive, it is likely leading misunderstanding
between school norm and environment norm, as stated:

“Lesson that students learn at school and at home is distinctive, that is why, learning at school do not guarantee students to have good behaviour in social, moreover nowadays, there are lots of crime happen at school such as bullying, pornographic, drugs, and so on.

• Controlling students’ time after school

Teachers claim that, full day school have a great benefit particular for working parents until 5.00 pm. In this situation, school is the best place to ensure that their children will get good monitoring, good control when they do not have parents at home, as stated:

“Students who have working parents will be controlled not to do negative thing after school, for example, watching pornography, hanging out, and so on”

Also, taking more time at school is able to prevent them in thinking their girl/boy friend. In fact, nowadays there are many teenagers who get married easily because of having more time to think about it, if students stay longer at school, which has intensive supervision from teachers will decrease that one, as described by a teacher who concern with this:

“By implementing full day school, students will not think about marriage too much, they will focus on studying”

• Tightening students’ relationship with teacher

Students stay all day at school will encourage them to have more time to discuss with their teachers. Teacher also will involve student to take position in some activities at school not only for improving students’ cognitive but also social side, as described by a teacher in Senior high school:

“Students have different characteristic and different goals in learning, by this program, i will recognise my students deeper by talking and discussing a lot at school not only when we are in the classroom but also when we are in canteen, mosque of the school”

3.1.2 Physical impact

• Getting too tired

Students’ health need to be paid attention completely in learning. Physically, full day school will dig students’ energy more than before. Starting in the morning and ending in the afternoon. After school, students need to complete their homework from teacher, it might be not only one in a day, it can be more. It needs high power and energy to maintain health stability in receiving this program, as described:

“Students are not a machine that can be utilized without taking enough rest, they will be too tired to spend the day only at school. It can cause students who do not feel fine to full day school will be absent frequently because of boredom”

Another teacher adds:

“Like a battery yes, students need to charge themselves by taking nap at home. After school they have to finish their homework then rest, we do not know how much homework they have to be done and what time they go to bed. If they do late sleep, of course, drowsy cannot be avoid at classroom learning process, it will decrease students being active”.

3.1.3 Psychological impact

• Becoming introvet students

Sometimes, introvet is good but sometimes it doesn’t appropriate to have in social environment. As a human being, we have to have a good relation among friends, neighbours, and family. However, when students follow full day school, it cannot be denied that, she/he will not become friendly person in their environment because of his/her bustle to think about studying only, as stated by a student:

“At my home, there is a friend that follow full day school and she becomes very silent person, moreover, rarely does she give smile and talk to others. After school, she just stay at her home and neighbours often talks about her, wht she likes that”

• Causing stress to the students

Stay longer at school for students will lead them to think too serious every day without having time to explore
their interest out of the school. They will meet the same friends, the same teachers every day, they will see the same view, the same place and the same agenda more and more. It appeals that how bored the life is when we just do and see the same thing every day, as stated:

“How poor the students now, you can imagine how tired they are because they have to think seriously in all day without taking rest, it can encourage them to be stress because they cannot control their boredom”

3.1.4 Cognitive impact

- Having wide insight and increasing score at specific subject by discussing a lot

Students’ insight need to be improved by talking academic one such as discussing about the hottest issue in a country then they think what students role to take a position in that program. It is one way to rebuild thought exchange between them. As stated:

“I have a wide insight by staying at school all day; i talk much with my friends about everything, start from academic till entertainment. I can talk to my teacher more if i do not understand the last material”

The fact shows that, by intending additional time to learn specific subject, students can improve their score, as described:

“I join Mansaraya English club, in that club the supervisor encourages us to memorize vocabulary, not afraid of speaking, and learn grammar gradually. Those things are able to help me in the classroom especially at English subject”

- Adding achievement to students who are active at extracurricular

Extracurricular gives a fantastic knowledge to students who are enjoyable with this, students who have been comfortable to stay longer at school will choose to join extracurricular to make a variation at school, not only focus on subject but also their need and interest, as described:

“I can get many trophies because of joining extracurricular at school, i love English and i join English club, i often become a representative of the school in competition such as storytelling, debate, english olympiade, and speech”.

Another student address:

“I join biology to fulfill my full day school, i believe i can improve my score through this, because i do not like biology exactly. That is why i choose biology to make my score better, then, after joining this, i am not really hard to understand this subject anymore”

3.2 Impacts on teachers:

3.2.1 Personal impact

- Unorganizing household for married teachers

Husband or a wife have crucial role in household, husband has an obligation to earn money more tha a wife and a wife has an obligation to make sure that all members in family are taken care well. However, if a husband and a wife are busy at school until afternoon, who will be take each obligation they have?, as stated:

“I as a wife feel guilty to leave my son too long at school. As if i am not his mother, he is took care by his grand mother, i feel sad when my son can read bismillah but the teacher is not me”

Another man teacher said:

“I miss my wife, my children at home, i just meet them at night although they are in sleep condition, i miss to interact more with them, i wish i can ask my children what happen in their school, but i do not have enough time to do this, i better see them to take rest soon to prepare tomorrow class”

- Getting more day off on Saturday

Full day school is initiated for five days; Monday, Tuesday, Wednesday, Thursday, and Friday. The rest is weekend (Saturday and Sunday). Even teachers are busy at school in five days, government gives chance to gather with their family in two days, spending their leisure time by going out somewhere to gain memory refresh, as stated:

“I support full day school, because i can have one more day off to gather with my family in spending
weekend”

3.2.2 Professionalism impact

Professionalism is when working with children, having chance to be more creative to give learning fun and interesting, to help children feel cared and supported at school (Nielsen, 2006). The followings are the professionalism impact:

- Teaching productivity is decrease

Energy and power is the basis for teacher in teaching. Both influence students’ condition in accepting materials. If a teacher in a high energy, of course, she/he will teaches energetically, then students will feel spirit in learning, and reverse. As described:

“Too tired is a friend when full day school is applied. When i teach additional subject in the afternoon, i feel so drowsy, sometime i fell asleep at my chair when i give some excercises to them”

- Being more creative

Creative is a characteristic that teacher must be held in order to find several methodologies, strategies, and techniques in teaching. Students need to have fun learning to avoid boredom in the classroom, as stated:

“I am afraid that student will be bored easily to have more time in studying, that is why i have to be more creative in defining new method to make them happy in learning process”

- Having more lesson plan to arranged

In teaching and learning process, planning has important role in improving education quality. Before coming to the class, teacher must have lesson plan which guides him/her to convey material. When teacher becomes one of full day school teacher, of course, he/she needs design lesson plan as well or syllabus. As described:

“Becoming a teacher nowadays is demanded us to be more focus, not only designing an appropriate method but also some plannings that will be taught must be finished, all activities at school needs to have well planning”

As a result, if teachers only focus on designing lesson plan, what about preparing materials that have to be taught in the next day, preparing method of teaching, and preparing media that should be applied then appropriate to the materials and level of the classroom, as said:

“While we are demanded to be a creative teacher, we still overlap on managing our time between arranging material, designing plan, thinking teaching media, etc. Likely, i need 2 head and brain to think them simultaneously”

- Completing 24 hours teaching time

24 hours teaching time is an obligation that must be fulfilled by certification teacher, by this program, those teachers will not too hard to look for other schools in teaching. As stated:

“All prise be to Allah, i am not too hard anymore to get additional time in teaching to fulfill the equipment becoming a teacher certification, i can stay at one school, it makes me happy”

- Understanding more students’ characteristic

Leaner has different purpose in learning, there are job oriented, knowledge oriented, or no oriented at all. Gathering with them frequently will lead teacher to be able to identify students’ goal, then it is easier to design what method should be utilized to fulfill their objective in learning, as stated:

“Yeah, by this program i can talk freely to students that what they expect from my subject and what their interesting topic or method that they hope to be implemented at class”

3.3 School Stakeholders impact:

- Providing appropriate facility

Gaining students’ happiness at school must be balance between material and facilities, to avoid students’ complain to this. Facility also will support students’ improvements in their classroom and in their school. As described:
“I like this program, but when my club needs to use language laboratory, some earphones in that room do not work, we feel disappointed by this”

Other students said:

“There is no Liquid Crystal Display (LCD) when we want to watch a movie in the class, it is using by other classes. Watching movie at Indonesia subject, because we are learning to make a synopsis of a story through a movie”

- Providing fun full day school program

School has a great role in students’ development, it depends on schools’ planning. Starting from what will be additional program which is able to cover students’ need and interest, for instance, after having a serious subject, might be students need to play badminton, table tennis, basketball, and so forth. As stated:

“We have to think hard in giving program to the students, they need to be happy at school in all day”

- Monitoring teachers intensively

Exhausted day is cannot be neglected for students and teachers at school. That is why, teacher as the main input to the student must be controlled and monitored by school stakeholders whether she/he works well or not. As said:

“To avoid students’ boredom, inconsiderable way in teaching, we have to be more pay attention to the teacher who involved in this program; we should monitor them frequently to see the development of students and their condition”

Based on the data found above, full day school system is related to the some element in learning such as school environment, methods, strategy, techniques, and media on the ground that students will face active learning, creative learning, effective learning, and fun learning in achieving the purpose of full day school (Nurhayati, et al, 2014).

4 CONCLUSION

Based on those data, the most impact appear is social impact on students, it is connected to teachers, parents, and stakeholders. They are must be in good cooperation to handle students. Teachers must be a well informant to the parents about students’ development, parents have to be a good informant as well about students’ development at home, and stakeholders will be a good designer program that will give great influence to students and teachers. Further, full day school can be implemented if school has good facility such as considerable human resource (teachers), textbook, sport equipment as their entertainment after thinking seriously with the subject, and safe environment. As a matter of fact, full day school system needs attention fully to be implemented. Achieving the target and the purpose, one of the key is a considerable cooperation between school stakeholders and government in order to learning process at school who applies full day school can be optimal. That is why, all elements must be ready to give the best sacrifice or effort such as material, physic, psychology, and so forth.

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